

# Lunch Menu

November 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Teriyaki Chicken W/Not So Fried Rice Vegetable 100% Fruit Juice 1% & Fat Free White Milk
<b>4</b> Baked Ziti w/Meat Sauce Vegetable 100% Fruit Juice 1% & Fat Free White Milk	<b>5</b> Chicken Patty Burger with Oven Baked Fries Starchy Vegetable Whole Fruit 1% & Fat Free White Milk	<b>6</b> Pick Up Stix- Endeavor Vegetable Whole Fruit 1% & Fat Free White Milk	<b>7</b> Chicken Leg, Mac & Cheese Side Salad Whole Fruit 1% & Fat Free White Milk	<b>8</b> Wet Chicken Burrito with Green Sauce Vegetable 100% Fruit Juice 1% & Fat Free White Milk
<b>11</b>	<b>12</b> Cheeseburger w/Oven Baked Fries Starchy Vegetable Whole Fruit 1% & Fat Free White Milk	<b>13</b> Spaghetti & Meatballs Vegetable Whole Fruit 1% & Fat Free White Milk	<b>14</b> Lunch Special- Tinga Tostadas Side Salad Premium Fruit 1% & Fat Free White Milk	<b>15</b> Chicken Nuggets, Cheesy Mashed Potatoes 100% Fruit Juice 1% & Fat Free White Milk
<b>18</b> Pizza- Endeavor College Prep Vegetable 100% Fruit Juice 1% & Fat Free White Milk	<b>19</b> Corn Dog, Oven Baked Fries Starchy Vegetable Whole Fruit 1% & Fat Free White Milk	<b>20</b> Cheese Lasagna Vegetable Whole Fruit 1% & Fat Free White Milk	<b>21</b> Plain Hamburger Side Salad Whole Fruit 1% & Fat Free White Milk	<b>22</b> Baked Turkey, Mashed Potatoes w/ Gravy, Cranberry Sauce, Whole Grain Dinner Roll, Vegetable, 100% Fruit Juice, 1% & Fat Free White Milk
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

## MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



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