

# Breakfast Menu

October 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Boom Chicken Boom Breakfast Sandwich Whole Fruit 1% & Fat free White Milk	<b>2</b> Banana Muffin Fruit Cup, Fruit & Fat free White Milk	<b>3</b> Whole Grain Cereal, Whole Grain Bites Whole Fruit 1% & Fat free White Milk	<b>4</b> Pancake & Pork Sausage Patty 100% Fruit Juice, Fruit 1% & Fat free White Milk
<b>7</b>	<b>8</b> Bean & Cheese Burrito BK 100% Fruit Juice, Fruit 1% & Fat free White Milk	<b>9</b> Blueberry Muffin Flat Fruit Cup, Fruit 1% & Fat free White Milk	<b>10</b> Whole Grain Cereal, Whole Grain Bites, Whole Fruit, Fruit 1% & Fat free White Milk	<b>11</b> Chicken & Waffle Whole Fruit 1% & Fat free White Milk
<b>14</b> Coffee Cake Whole Fruit 1% & Fat free White Milk	<b>15</b> Cheesy Pretzel Bread Sandwich 100% Fruit Juice, Fruit 1% & Fat free White Milk	<b>16</b> Banana Bread Fruit Cup, Fruit 1% & Fat free White Milk	<b>17</b> Whole Grain Cereal, Whole Grain Bites, Whole Fruit 1% & Fat free White Milk	<b>18</b> Pork Sausage Biscuit Whole Fruit 1% & Fat free White Milk
<b>21</b> Apple Chewie Bar Whole Fruit 1% & Fat free White Milk	<b>22</b> Mini Confetti Pancakes Bites 100% Fruit Juice, Fruit 1% & Fat free White Milk	<b>23</b> Pan Dulce Fruit Cup, Fruit 1% & Fat free White Milk	<b>24</b> Whole Grain Cereal, Whole Grain Bites Whole Fruit 1% & Fat free White Milk	<b>25</b> Breakfast Cheese Tamal Whole Fruit 1% & Fat free White Milk
<b>28</b> Yogurt w/Granola Whole Fruit 1% & Fat free White Milk	<b>29</b> French Toast Stix 100% Fruit Juice, Fruit 1% & Fat free White Milk	<b>30</b> Pumpkin Muffin Fruit Cup, Fruit 1% & Fat free White Milk	<b>31</b> Whole Grain Cereal, Whole Grain Bites Whole Fruit 1% & Fat free White Milk	

MENU SUBJECT TO CHANGE WITHOUT NOTICE



Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.  
This institution is an equal opportunity provider.

