

Lunch Menu

October 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef Hot Dog w/ Oven Baked Fries Whole Fruit, 1% & Fat free White Milk	2 Turkey Nachos w/Tortilla Chips Vegetable. Whole Fruit 1% & Fat Free White Milk	3 Chicken Alfredo Side Salad, Whole Fruit 1% & Fat Free White Milk	4 Teriyaki Chicken W/Not So Fried Rice Vegetable, 100% Fruit Juice, 1% & Fat Free White Milk
7	8 Chicken Patty Burger w/Oven Baked Fries Whole Fruit 1% & Fat free White Milk	9 Turkey Chili, Popped Corn Chips Vegetable. Whole Fruit 1% & Fat free White Milk	10 Breaded Chicken Leg, Mashed Potatoes w/Gravy Side Salad. Whole Fruit 1% & Fat free White Milk	11 Chicken Burrito Bowl w/Rice & Vegetables Vegetable, Fruit Juice 1% & Fat free White Milk
14 Chicken Tamal, Mixed Vegetables Vegetable, 100% Fruit Juice 1% & Fat free White Milk	15 Cheeseburger, Oven Baked Fries Whole Fruit K8 (625) 1% & Fat free White Milk	16 Cheese Ravioli Vegetable, Whole Fruit 1% & Fat free White Milk	17 Pizza- Endeavor Side Salad, Fruit 1% & Fat free White Milk	18 Breakfast for Lunch- French Toast, Sausage & Tots Vegetable, 100% Fruit Juice 1% & Fat free White Milk
21 Roasted Chicken Leg, Glazed Carrots, Dinner Roll Vegetable, 100% Fruit Juice 1% & Fat free White Milk	22 Chicken Nuggets, Oven Baked Fries Whole Fruit 1% & Fat free White Milk	23 Pick Up Stix- Endeavor Vegetable, Whole Fruit 1% & Fat free White Milk	24 Plain Hamburger Side Salad, Whole Fruit 1% & Fat free White Milk	25 Green Chicken Enchiladas Vegetable, 100% Fruit Juice 1% & Fat free White Milk
28 Pepperoni Pizza Mac & Cheese Vegetable, Fruit Juice 1% & Fat free White Milk	29 Beef Hot Dog w/ Oven Baked Fries Whole Fruit 1% & Fat free White Milk	30 Turkey Nachos w/Tortilla Chips Vegetable, Whole Fruit 1% & Fat free White Milk	31 Chicken Alfredo Side Salad, Whole Fruit 1% & Fat free White Milk	

MENU SUBJECT TO CHANGE WITHOUT NOTICE



Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.

