

# Breakfast Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2	3 French Toast Stix, 100% Fruit Juice, 1% & Fat Free White Milk, Fruit	4 Coffee Cake, Fruit Cup, 1% & Fat Free White Milk, Fruit	5 Whole Grain Cereal, Whole Grain Bites, Whole Fruit, 1% & Fat Free White Milk Fruit	6 Bean & Cheese Burrito, Whole Fruit, 1% & Fat Free White Milk, Fruit
9 Banana Bread, Whole Fruit, 1% & Fat Free White Milk, Fruit	10 Mini Confetti Pancakes Bites, 100% Fruit Juice, 1% & Fat Free White Milk, Fruit	11 Strawberry Bagelful, Fruit Cup, 1% & Fat Free White Milk Fruit	12 Whole Grain Cereal, Whole Grain Bites, Whole Fruit, 1% & Fat Free White Milk, Fruit	13 Boom Chicken Boom Breakfast Sandwich, Whole Fruit, 1% & Fat Free White Milk, Fruit
16	17 Chicken & Waffle, 100% Fruit Juice, 1% & Fat Free White Milk, Fruit	18 Blueberry Muffin Flat, Fruit Cup, 1% & Fat Free White Milk, Fruit	19 Whole Grain Cereal, Whole Grain Bites, Whole Fruit, 1% & Fat Free White Milk, Fruit	20 Breakfast Cheese Tamal, Whole Fruit, 1% & Fat Free White Milk Fruit
23 Mango Bar, Whole Fruit, 1% & Fat Free White Milk, Fruit	24 Cheesy Pretzel Bread Sandwich, 100% Fruit Juice, 1% & Fat Free White Milk, Fruit	25 Coffee Cake, Fruit Cup, 1% & Fat Free White Milk, Fruit	26 Whole Grain Cereal, Whole Grain Bites, Whole Fruit, 1% & Fat Free White Milk, Fruit	27 Bean & Cheese Burrito, Whole Fruit, 1% & Fat Free White Milk Fruit,
30 Yogurt w/Granola, Whole Fruit, 1% & Fat Free White Milk, Fruit				

## MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

